



Department of school education

Sheet No. 35

Career of the day Friday

Nutritionist/Dietician

Date 10/12/2021

Introduction

Nutritionist/Dieticians assess, diagnose and treat nutritional problems of their clients or patients. Their primary objective is assisting in promotion of good health and hygiene and controlling the spread of diseases. They are involved in providing recommendations or giving suggestions regarding nutritional principals, dietary plans or modifications, food preparation, healthy eating habits, basic rules of good nutrition and monitoring nutrition for improving the quality of life of your patients or clients. ([Punjab Career Portal](#))

Eligibility.

10+2 in any relevant subject scheme with biology as one of the subjects. or Home science

Institutes/Universities

1. Guru Nanak Dev University, Amritsar 2. PAU Ludhiana 3. CT Group of Institutes, Jalandhar 4. Govt. college for women, Ludhiana 5. Guru Angad Dev Veterinary and Animal Sciences University Ludhiana. 6. Govt. college for Girls Patiala

Courses available

1. B.Sc (Food Science and Nutrition) 2. M.Sc
3. PH.D

For details visit [Mashaal website](#),
contact your school counselor or visit
[Punjab Career Portal](#)

By [Mashaal Team](#)

Mon- Sciences, Tuesday- emerging career, Wednesday- Arts, Thursday- Commerce
Friday- Sports, Saturday- Entrepreneurship/Vocational/ NSQF/ Employment Generation